



Court St. Anthony #330

Council Bluffs, Iowa

Fall 2012



Court Officers

Regent	Sheila Graham 286 High School Council Bluffs, Iowa 51503 sheilabarak@hotmail.com 712.256.0195
Vice Regent	Judy Lookabill
Recording Secretary	Carol Hollenbeck
Financial Secretary	
Treasurer	Sue Thomas
Chaplain	Father Chuck Kottas
District Deputy	Terri Dynek

Newsletter/Website Editor

Sheila Graham 286 High School Council Bluffs, Iowa 51503
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Special features: member spotlight, newsletters, Woman of Strength
Saint of the month, charitable projects, news, events & a fun photo gallery!

Fall Schedule of Events

Sep 10	Mass:	St. Peter's Church	5:15 pm
	Dinner:	St. Peter's Social Hall	6:00 pm
	Dinner Chairs:	Marcella Lee and Irene Schlautman	
	Program:	Nuns Like Us	
	Meeting:	budget part 2 vote, workshops	6:30-8:00 pm
Oct 8	No Mass		
	Dinner:	Pizza Ranch (3505 Metro Drive) RSVP to Sheila (256-0195) by Oct 1	6:00 pm
	Program:	Birthingright speaker / rosary-makers	
	Meeting:	CDA Sunday	6:30-8:00 pm
Oct 21	CDA Sunday		
Nov 12	Mass:	St. Peter's Church (for deceased members)	5:15 pm
	Dinner:	St. Peter's Social Hall	6:00 pm
	Dinner Chairs:	Jeanette Bowen and Mariann Hilderbrand	
	Meeting:	Christmas Party	6:30-8:00 pm



Mission:

Catholic Daughters of the Americas strives to embrace the principles of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all mankind.

Motto: Unity and Charity

Purpose:

As the largest organization of Catholic women in the Americas and founded through the Knights of Columbus Catholic men's organization, our purpose is to participate in the religious, charitable and educational Apostolates of the Church.

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Our Models



SAINT LUDMILLA

WOMAN OF STRENGTH,
COURAGE, CONVICTION
& MISSION

FEAST DAY: SEPTEMBER 16
BORN: 860 AD
DIED: 921 AD
CANONIZED: SHORTLY AFTER DEATH
SHE WAS A DUCHESS OF BOHEMIA.

SHE IS KNOWN FOR
INSTITUTING CHRISTIANITY IN BOHEMIA.

SHE WAS THE GRANDMOTHER OF
ST. WENCESLAUS.



PLEASE JOIN US!!!

We would love to have you as a member of this
spiritual charitable organization!
For more information call Regent Sheila Graham
712-256-0195 or email sheilabarak@hotmail.com.

Notes

Dear members,

National Convention 2012 was an interesting time for me. I had never attended one before so was not sure of what would be going on or how things would be. I represented our court as regent as well as represented Iowa as state treasurer. I was encouraged by the enthusiasm of the other women who attended with me from our court: Carol Hollenbeck and Jan Roth. I look forward to them sharing their ideas with the membership about how to make our court even better!

One of the best things about convention is being surrounded by so many dedicated Catholic women who share my true belief in God. One of the best things about believing in God is knowing that He is always with us! When we are happy, sad, frustrated, grateful, afraid or angry, we can always know that God is keeping us in His heart. The other day when I was thinking of all the saints who have lived and loved before us and who have learned and taught about God and His good works, I started to feel as if there was nothing new that God could do through me. As soon as that thought came to my head, a thought appeared in my heart. A thought straight from God: there is ALWAYS something NEW in THE LORD!!!

God is in us. God is with us. God is ours and we are His.

In Unity and Charity, your humble regent, Sheila



A Farewell Note from Dolores Witters

I just want to thank each of you wonderful Catholic Daughters for all of your prayers and good wishes. Arrived in Evansville, on Monday 16th of July. Very long and uneventful trip. My friend Penny and her 2 daughters unloaded the truck on Tuesday and came again on Wednesday and put my bed together and emptied all of the boxes, which were so many. Was completely settled and living in my apartment on that Thursday. Love the apartment and would love to send pics except I don't know how to do that. If I ever learn how, will send them. Want to again thank each of you from this wonderful organization. You have enriched my life way more than I ever thought could happen. The love and understanding that you all have is so amazing and I am so happy and proud to be a member of this organization. Thanks again for all of your love and help thru these last few years and I will definitely keep up my membership in the Catholic Daughters of America. Love and good wishes to all.

Members

In Memoriam

Mary Meloy
 July 2, 2012
 St. Patrick's Parish
 Member since 11/12/1967



Josephine Garafalo
 August 5, 2012
 St. Peter's Parish
 Member since 11/14/1943.



Our prayers for Mary and Josephine and their families at this time. God bless you.



Anna Baxter Day 2012

Almost 100 Catholic Daughters from Iowa came together for a day of celebration of who we are and what we stand for! Anna Baxter Day 2012 was held in Carroll with Court St. Rose of Lima #6 acting as our

hosts. The day's events included a presentation from the Briar Cliff Campus Court, education contest and newsletter contest award presentations, court membership awards, a unique story of the Santa Maria Vineyard and Winery of Carroll, prayer, fun, laughter and joy!!! Seven of our members attended. Pictured are (l to r) Carol Hollenbeck, Jan Roth, Dolores Witters, Sheila Graham, Mary Ellen Michalski, Elaine Nugent and Jeanette Bowen.

Birthdays

- SEPTEMBER**
 1 Bernice Ronk
 7 Sue Thomas
 14 Mary E Sealock
 28 Charlotte Spoto
 29 Mary Hilderbrand

- OCTOBER**
 6 Angela Cash
 8 Jo Meade
 9 Judy Mendel
 23 Marti Lynch
 25 Yvonne Hanneman
 26 Irene Friesen

- NOVEMBER**
 18 Darlene Morrow
 19 Mary Morrow
 22 Sheila Graham

Membership Anniversaries

- SEPTEMBER**
 Mary Moran 9/11/2000
 Linda Spencer 9/12/1994
 Connie Kreigler 9/13/2004
 Jo Meade 9/13/2004
 Mary Roush 9/13/2004

- OCTOBER**
 Mary E Sealock 10/10/1995
 Mary L Sealock 10/10/1995
 Catie Thompson 10/10/1995
 Luana Paluka 10/11/1953
 Anita Ruffner 10/11/1953
 Reva Leuck 10/11/1976
 Elaine Nugent 10/11/1976
 Maxine Welchel 10/11/1999
 Charlotte Spoto 10/12/1998
 Maxine Gotto 10/12/2009
 Dolores Witters 10/12/2009
 Darlene Morrow 10/31/1954
 Mary Tedesco 10/31/1954

- NOVEMBER**
 Mary Alice Wickham 11/2/1969
 Josephine Goeser 11/3/1957
 Evelyn Seidler 11/6/1955
 Bernice Ronk 11/6/1966
 Rose Spoto 11/8/1959
 Jean Palensky 11/8/1971
 Maria Hurd 11/8/2004
 Shirley Thomsen 11/8/2004
 Kris Jarecki 11/10/2008
 Judy Lookabill 11/10/2008
 Marcella Lee 11/12/1967
 Joan Goeser 11/13/2006



Loving God
 Loving Life
 Loving!

Dinners

Thank you to all the court members who serve on these committees year round for us. You are appreciated!

- SEPTEMBER 10**
 Officers
- OCTOBER 8**
 Dinner at Pizza Ranch

- NOVEMBER 12**
- Chair: Jeanette Bowen
 Chair: Mariann Hilderbrand
 Joan Goeser
 Yvonne Hanneman
 Marcella Lee
 Dola Mehsling

Court



Summer Salad Luncheon: Notes from Linda Spencer, chair

The Salad Luncheon grossed a total of \$1,094.00. The recipe card sales totaled \$23.00 and the raffle sales totaled \$134.00. I want to thank everyone who made salads, desserts, and helped work for this fund raiser. Without your help this would not have been such a success. I want to especially thank Pat McGinn who typed and printed all the recipe cards and Carol Hollenbeck for taking care of the sleeve covers on the recipe cards. I cannot forget Jeannette Bowen, Elaine Nugent and Pat McGinn for delivering all the flyers to all the businesses downtown. Thanks ever so much for all your help. You are all such a great team to work with.



Sheila: We learned so much about CDA and the good work that we do. Workshops we attended were on such topics as leadership, spirituality, and membership. It is an honor to be part of the national organization. We are excited to bring our enthusiasm back to you!



Jan: My experience at National Convention was wonderful-- once in my lifetime. The vastness and great holiness is awe inspiring. The workshops for First Time Attendees and Membership were very informative. Importance of local courts was emphasized - over \$300,000 donated and then disbursed by National CDA. Highlights were Keynote speaker Father Jim Sichko and introduction and presentation of Catholic Woman of the year Sister Rosemary Connelly. With God All Things Truly are possible.

2012 National Convention

Sheila Graham
Carol Hollenbeck
Terri Dynek
Jan Roth
attended the 2012 National Convention.

Carol: I will forever treasure the opportunity to be a delegate to the convention. We are engaged in a sisterhood that cannot be broken. A fellowship that fulfills our mission as Catholic women. I came away revitalized by the Holy Spirit present in those meetings. Unity and charity are not just words. They are alive and at work in our organization, on a global scale. When we in Court St. Anthony support our churches, members and community with our funds, talents and prayers, we do the work of Our Lord Jesus Christ in the world.



Youth

Education Contest

We had two state winners!!!

Div III Computer Art: Andy Donaldson
Div II Photography: Emma Barnes

2nd place at state:
Div III Photography: Makayla Harris
Div II Computer Art: Max Donaldson
Div III Art: Victoria Kragoskow

3rd place at state:
Div II Music: Grace Cox
Div I Essay: Zoe Trager
Div IV Art: Jean Palensky

Member Spotlight



Mary Ellen
Michalski

Beginning "about 1980" Mary Ellen Michalski was "nudged" by her friend Elaine Nugent to become a member of Court St. Anthony #330. She finally surrendered to Elaine's persistence by joining our court in February of 1995. She now treasures that membership because of the "friendliness" of the women in our court. Mary Ellen says the Catholic Daughters "have been so good to me, helping me in the food line and all the time." Mary Ellen is legally blind because of macular degeneration and has had cataracts removed. She uses a cane to help her get around. None of that has stopped her from remaining an active, productive and thoroughly joyous Catholic Daughter. Our interview was conducted in the car, journeying to Carroll, Iowa for the Iowa CDA's annual Anna Baxter Day event. At age 82 she is filled with a humorous spirit and brings sunshine and happiness to everyone she meets.

Mary Ellen Guilfoyle was born on January 14, 1930 at St. Catherine's in Omaha because her mother's doctor attended there. She has been a resident of Council Bluffs her entire life, attending Holy Family Grade School and St. Francis High School. She and her future husband, Gib, dated all through High School. After her 1948 High School Graduation she studied business courses at the original College of St. Mary in the old Continental Hotel, at 15th & Castelar Streets in downtown Omaha. She worked at Mutual of Omaha for four years. Then she and Gib were married in 1953 at Holy Family Catholic Church in Council Bluffs. Her family's worship at Holy Family goes back over one hundred years. Mary Ellen's paternal grandparents were married there, as were her parents. Later on her daughter Michelle would also be joined in marriage in the same church. Today you can look out through the middle stained glass windows of Holy Family that were donated by Mary Ellen's family.

Gib Michalski was in the United States Navy when they married, stationed at San Diego, California. It was the end of the Korean War and Gib would be shipping out from San Francisco to bring battle tanks, heavy rolling equipment and troops home on his LST (Tank Landing Ship) transport. He knew he wouldn't be in port much, so he wanted Mary Ellen to stay at home with her parents in Council Bluffs. It was 1954 before they got an apartment in town. Today, Mary Ellen lives in the home she and Gib bought over fifty years ago. Their home is only one block from Holy Family Church and the former Grade School. This was convenient for the four children born of their marriage.

Mary Ellen and Gib took her mother into their home for four years when her children were young. She said the children "loved it." They would be in there with Grandma "having a great time." Grandma "gave them ice cream and spoiled 'em." Mary Ellen says that is what Grandma's are for and she believes it was wonderful for her children to have the experience of living with a grandparent.

When her children were nearly grown Mary Ellen spent twelve years as a Social Worker at Indian Hills Nursing Home. During that time she claims she could also have been a weather forecaster. She could always tell a change in the weather by "how ornery her patients and her children at home were!" She enjoyed her time at the nursing home very much, but eventually "too much paperwork" drove her out of the profession.

Mary Ellen's only two siblings died very young. Her thirty-three year old brother Bill was a dentist, who died of a heart attack while out hunting on his birthday. He older brother Tom died while water skiing at age forty-five, also on his birthday. Mary Ellen and Gib lost a son at an early age. The Michalski's son Bill died of cancer at the age of nineteen.

Mary Ellen is widowed and has a daughter Jean who is Director of Medical Records at St. Anthony's Hospital in Carroll, Iowa. Her daughter and family live with lots of animals in a "big farmhouse in the country." Daughter Michelle, who has children 14, 13, 11 and 9 years of age, lives outside Glenwood, Iowa and teaches Kindergarten in their town. Son Mark currently lives in the family home with Mary Ellen, which "has been a real blessing" for her. All in all Mary Ellen has ten grandchildren, seven boys and three girls. She also has two great-granddaughters, one in Council Bluffs and one in Iowa City.

In the past Mary Ellen "loved to read." She also enjoyed embroidery and made quilts for all her grandchildren. She was happy to cook for the family. Her specialty was "baked chicken and mashed potatoes." She "didn't do much canning, but loved all the baking." She "made pie almost every day." Her husband's favorite was "sour cream raisin" so she made a lot of those. Because she is legally blind, those are the activities she misses most today.

Loss and illness have been a large part of her life, yet Mary Ellen has always been devoted to her faith and an active Holy Family Parishioner. She was President of the Altar & Rosary Society there for five years. She was a RCIA sponsor there for many years which she "enjoyed a lot." As a Catholic Daughter she has served as Vice Regent. She has attended the CDA State Convention twice and traveled to many workshops. She participated in countless CDA events over the years. As stated earlier, this interview was conducted during one of her trips for CDA.

We honor you Mary Ellen for your Christian example, your dedication to family, your warmth of friendship and your contagious smile.

"You are my hope, Lord...from my mother's womb you are my strength; my hope in you never waivers." Psalm 71:5,6

Written by Carol Hollenbeck, July 2012



Catholic Daughters of the Americas

Court St. Anthony #330
286 High School Avenue
Council Bluffs, Iowa 51503



State News

Iowa Regent: Rose Holschlag
502 W. Hamilton St.
New Hampton, IA 50659
(954) 579-7794
randrholschlag@earthlink.net

Workshops (for all court members)

September 8 Glenwood (our court will attend this one)
September 15 Milford
September 22 Ames
September 29 Washington

National News

Nat. Regent: Anne Nelson
10 West 71st Street
New York, NY 10023
(212) 877-3041
CDofANatl@aol.com

*Iowa State Regent
Rose Holschlag
with outgoing
National Regent
Joanne Tomassi.*



National Convention

Your new National Officers:

National Regent: Anne Nelson
Regent-Elect: Shirley Seyfried
1st Vice Regent: Helene Shephard
2nd Vice Regent: Olga Samaniego
Sherry Nilles from Iowa has been elected as Secretary/Treasurer!
900 people attended the convention held in Omaha in July.

2014 National Convention will be held in Billings, Montana!



October: Month of the Holy Rosary

The month of October is dedicated to the Holy Rosary. According to an account by 15th century Dominican, Alan de la Roch, Mary appeared to St. Dominic in 1206 after he had been praying and doing severe penances because of his lack of success in combating the Albigensian heresy. Mary praised him for his valiant fight against the heretics and then gave him the Rosary as a mighty weapon, explained its uses and efficacy, and told him to preach it to others.

Since the prayers of the Rosary come from such excellent sources — from Our Lord Himself, from inspired Scripture, and from the Church — it is not surprising that the Rosary is so dear to our Blessed Mother and so powerful with heaven.

The Rosary stands revealed as a dynamic teacher and nurturer of Christian faith, morality, and spiritual perfection, fostering in various ways faith, hope, charity, and the other virtues, and mediating special graces, all to the end that we may become more and more like unto Christ.

— Mariology, Juniper B. Carol, O.F.M.