



**CATHOLIC DAUGHTERS OF THE AMERICAS**

**Court St. Anthony #330  
Council Bluffs, IA  
Fall 2014 CDA Newsletter**

**Motto: Unity & Charity**

**Purpose of CDA:** As the largest organization of Catholic Women in the Americas and founded through the Knights of Columbus Men's Organization, our purpose is to participate in the religious, charitable, and educational Apostolates of the Church.

**CDA COURT OFFICERS 2014-2016**

|                                    |   |              |
|------------------------------------|---|--------------|
| Regent                             | Angie Shea<br>955 Tower Ridge Hollow<br>Council Bluffs, IA 51503<br><br>Angieshea12@gmail.com | 712-323-6168 |
| Vice Regent                        | Sue Thomas - sthomas@fnni.com   | 712-366-6171 |
| Rec. Secretary                     | Sue Meidlinger - semeidlinger@gmail.com   | 712-322-6350 |
| Financial Secretary                | Julie Marlow - jmarlow54@msn.com  | 515-418-2339 |
| Treasurer                          | Shar Pekny - shar.pekny@cox.net   | 402-657-5709 |
| Chaplain                           | Fr. Chuck Kottas - ckottas@cox.net  | 712-322-8889 |
| District Deputy                    | Terri Dynek - gmaterrri13@gmail.com   | 402-679-6004 |
| CDA Newsletter<br>Editor/Publisher | Mary Sue Wickham - marysuecda@outlook.com   | 712-322-4456 |
| CDA Website Editor                 | Carol Hollenbeck - carolhollenbeck@ymail.com  | 402-350-3834 |

CDA Court St. Anthony #330 Website: [www.cda330.org](http://www.cda330.org)

Iowa Catholic Daughters Website: [www.iowacatholicdaughters.org](http://www.iowacatholicdaughters.org)

National Catholic Daughters Website: [www.catholicdaughters.org](http://www.catholicdaughters.org)



*Blessed Virgin Mary Patroness Of Catholic Daughters  
Catholic Daughters Of The Americas Court St. Anthony #330*

## CDA Meetings

### October 13, 2014

Location: Harmony Court  
Lower Level Activity Room

Time: 6:30 p.m-8:00 p.m.

Dinner & Meeting

Theme: CDA History/  
Month Of Holy Rosary

### November 10, 2014

Memorial Mass

Location: St. Peter's  
Church, 1 Bluff St.

Time: 5:15 p.m.

Dinner: St. Peter's Social  
Hall 5:45 p.m.

Meeting: 6:15 p.m.

Guest Speaker: American  
Red Cross

Theme: Veteran's Day/All  
Saints Day

### December 8, 2014

Holy Day Mass

Location: St. Peter's  
Church, 1 Bluff St.

Time: 5:30 p.m.

Dinner & Meeting

CDA Christmas Party/  
Feast Of Immaculate  
Conception

**Happy 80<sup>th</sup> Birthday  
Elaine Nugent  
May 14, 2014**

## Membership

### Anniversaries In October

Luana Paluka 1953  
Anita Ruffner 1953  
Darlene Morrow 1954  
Mary Tedesco 1954  
Reva Leuck 1976  
Elaine Nugent 1976  
Mary E. Sealock 1995  
Mary L. Sealock 1995  
Catie Thompson 1995  
Charlotte Spoto 1995  
Maxine Wheelchel 1999  
Maxine Gotto 2009  
Dolores Witters 2009  
Sheila Graham 2009

### Anniversaries In November

Evelyn Seidler 1955  
Josephine Goeser 1957  
Rose Spoto 1959  
Bernice Ronk 1966  
Marcella Lee 1967  
Mary Alice Wickham 1969  
Jean Palensky 1971  
Maria Hurd 2004  
Shirley Thomsen 2004  
Joan Goeser 2006  
Kris Jarecki 2008  
Judy Lookabill 2008  
Carol Andress 2008  
Julie Marlow 2013

### Anniversaries In December

Marian Madden 2001  
Patricia Christensen 2003  
Teresa Koch 2011  
Marti Lynch 2011  
Patty McGinn 2011  
Mary Morrow 2011  
Mary Sue Wickham 2011  
Rita Hughes 2012  
Sally McKanna 2012

## Member Birthdays

### October

Carol Andress 5<sup>th</sup>  
Angela Cash 6<sup>th</sup>  
Jo Meade 8<sup>th</sup>  
Donna Collins 9<sup>th</sup>  
Judy Mendel 9<sup>th</sup>  
Marti Lynch 23<sup>rd</sup>  
Yvonne Hanneman 25<sup>th</sup>

### November

Kathleen Carlin 17<sup>th</sup>  
Darlene Morrow 18<sup>th</sup>  
Mary Morrow 18<sup>th</sup>  
Sheila Graham 22<sup>nd</sup>

### December

Shirley Thomsen 8<sup>th</sup>  
Kris Jarecki 9<sup>th</sup>  
Angie Shea 9<sup>th</sup>  
Irene Schlautman 21<sup>st</sup>  
Carol Hollenbeck 27<sup>th</sup>  
Teresa Koch 30<sup>th</sup>

## CDA DINNER COMMITTEE

### October 13, 2014

Linda Spencer  
Patty McGinn  
Donna Collins  
Mary Alice Wickham  
Mary Sue Wickham

### November 10, 2014

Jan Roth  
Judy Lookabill  
Carol Hollenbeck

### December 8, 2014

Brenda Dresen  
Marti Lynch  
Kathy Plourde  
Mona Schlautman



**Letter From CDA #330 Regent Angie Shea:** As I write this paragraph for my first official act as Regent for St. Anthony Court #330, I have to admit I am a “behind the scenes person”. I am an active person and I don’t need any recognition. To be installed as Regent for our CDA Court really puts me in the spotlight, therefore I am humbled. I want to express my gratitude for Sheila Graham in being a very inspirational role model. She has a genuine love for CDA and I see her passion in her daily life. She has become my role model and mentor. While I cannot fill her shoes, I promise to you, my Sisters in Christ, to be the best that I can and to do God’s will in being Regent for the next two years. We have an outstanding group of talented ladies in our court and I must say you are all wonderful and show warmth and compassion. Together we can bring Christ’s love to each other and to others as we do God’s work. This brings us back to spirituality which is why we are all here.

**Letter From CDA #330 Court Chaplain Fr. Charles Kottas:** The fall is always an exciting time of the year. The best thing about the fall is that once again we begin the religious education of our children. A priest friend of mine told me long ago that the greatest thing that Jesus did was teaching the people a way of life. This is our greatest challenge as Catholic Christians is that we do all that we can to teach the ways of Christ throughout words and actions. As one great Saint said that the greatest sermon is one that has no words only action. Let us pray for each other that we are best of teachers in the ways of the faith.

**Letter From CDA #330 District Deputy Terri Dynek:** Dear CDA Officers & Members, please think about going to one of our upcoming CDA State Workshops. This is a great learning experience. It is also a way to get new ideas for the Court, learn what the Officers do, and many other things. It only costs \$15.00 per person. The 1st CDA State Workshop will be held on Saturday, September 13th, 2014 at Trinity Heights in Sioux City, IA which is only a 2-hour drive. The 2nd CDA State Workshop will be held on Saturday, September 27th, 2014 in Festina, IA. The 3rd CDA State Workshop will be held on Saturday, October 5th, 2014 in Jefferson, IA. Please contact CDA Regent Angie Shea at 712-323-6168 if you are interested in attending any of these CDA State Workshops.

**Letter From CDA Iowa Regent Rose Holschlag:** By now all of our CDA Courts should have had the election of a new slate of Officers to guide us for the upcoming two years. It is our responsibility as members to support these wonderful ladies who so generously have accepted this task and given of their talents to do so. We can do this by volunteering our time and talents to assist them. Encouraging attendance and joining them at all Catholic Daughter sponsored events like Anna Baxter Day on June 8<sup>th</sup>, the National Convention in July, and the Workshops this fall will certainly help them and garner much togetherness. These events are much like our own family gatherings. We wouldn’t want to miss our family get-together, neither should we miss out on our Catholic Daughters of the Americas family gatherings. May you all enjoy a safe, happy, and productive summer!

**Letter From CDA National Regent Anne Nelson:** It is the election of our new local Court Officers. This is an important time for the courts and the organization. We all have Catholic Daughters DNA in us. The DNA for a Catholic Daughter is unique. The D is for dedication to our faith, family, and organization. The N means we nurture each other in faith and in action. The A is for our ability to see the good and the potential in all situations and people. It is time to step up for the good of your court, your state, and this organization as a whole. Use your CDA/DNA to reach out, give a hand, say a prayer, man the booth, bake a cake, or become an Officer. Don’t let your DNA wither from lack of use. When called upon by the Nominating Committee Chairman to take a leadership role, please don’t say no, but do ask for time to consider it. Pray and the Spirit will guide you in your decision. Each court needs members to step forward and lead it into a new term in order to revitalize and renew the court.

**Letter From CDA National Director Vickie Feist:** Greetings, my dear Catholic Daughters! I would like to take this time to extend my thanks and appreciation to all local court officers! I know you have experienced benefits from serving as an officer in your court such as the personal growth and development of your skills, special relationships with fellow officers, happiness from knowing you have served your fellow CDA members, satisfaction of a job well done, and the joy of knowing you have completed a task God has called you to do.

## **CDA STATE EVENTS - IOWA CATHOLIC DAUGHTERS**

**Catholic Daughters & Women's Retreat 2014** - CDA Weekend Retreat October 12-14, 2014 held at American Martyrs Retreat House in Cedar Falls, IA. Theme: Praxis- Applying The Truth & Beauty To Faith To Everyday. Retreat Master: Fr Greg Bahl – Contribution \$120 full weekend, \$85 Friday evening & Saturday, & \$46 Saturday only.

### **CDA #330 COURT NEWS**

#### **ANGIE SHEA NAMED REGENT AT CDA INSTALLATION/AWARDS NIGHT**

**By Mary Sue Wickham, CDA PR Correspondent Court St. Anthony #330**

On Monday, June 9<sup>th</sup>, 2014, Court St. Anthony #330 held their 2014 Installation of Officers and Awards Night. District Deputy Terri Dynek thanked the outgoing officers for serving their Court and for doing an outstanding job. Former Regent Sheila Graham was thanked and honored for her 4 yrs. of dedicated service as Regent. District Deputy Terri Dynek took a vote to accept the new Regent and the installation of new 2014-2016 officers was held. Newly installed officers for Court St. Anthony #330 include: Regent Angie Shea, Vice Regent Sue Thomas, Recording Secretary Sue Meidlinger, Financial Secretary Julie Marlow, and Treasurer Shar Pekny. The theme for the meeting was Awards Night "CDA Super Hero For God". Former Regent Sheila Graham presented awards to those members who deserved recognition for their hard work done within the last year. These "CDA Super Hero For God" awards were presented to: Sue Meidlinger - Spectacular Secretary, Sue Thomas - Fabulous Financial Secretary, Jan Roth - Terrific Treasurer, Judy Lookabill - Very Great Vice Regent, Mary Sue Wickham - Pencil Pro, Linda Spencer - Super Star Chair of Committees, Carol Hollenbeck - Out of State Warrior, Patty McGinn - Party Princess, Julie Marlow - Step-Up Star, and Angie Shea - The Brave Lady. Mary Sue Wickham also won 1<sup>st</sup> place in state competition for her photography entry for outstanding accomplishment in the 2014 Iowa CDA State Education Contest. She received a certificate and \$25 cash prize. Her photography entry now competes at the 2014 National Education Contest.

**INSTALLATION OF 2014-2016 CDA OFFICERS - Pictured Left To Right: CDA District Deputy Terri Dynek, Financial Secretary Julie Marlow, Treasurer Shar Pekny, Regent Angie Shea, Recording Secretary Sue Meidlinger, and Vice Regent Sue Thomas.**



**2014 CELEBRATE CB/KEEP COUNCIL BLUFFS BEAUTIFUL CLEAN SWEEP PROJECT - Pictured Left To Right: Sandy Hull, Executive Director of Live Well Council Bluffs/Keep Council Bluffs Beautiful Project, CDA Members Marti Lynch, Brenda Dresen, Kris Jarecki, Council Bluffs Mayor Matt Walsh, & Mary Sue Wickham. Not pictured are CDA Members Pam Ratigan & Mary Alice Wickham.**

## **CDA OFFICERS FROM COURT ST. ANTHONY #330 ATTEND ANNA BAXTER DAY**

**By Mary Sue Wickham, CDA PR Correspondent Court St. Anthony #330**



**Pictured Left To Right: Vice Regent Sue Thomas, National Director Vickie Feist, Recording Secretary Sue Meidlinger, Regent Angie Shea, & former Regent & State Treasurer Sheila Graham.**

The 30<sup>th</sup> Biannual Anna Baxter Day 2014 Event was held at St. Patrick's Catholic Church in Cedar Falls, IA on Sunday, June 8, 2014. This event was held at the parish hall and hosted by the Cedar Falls CDA Court #2291 Elizabeth Ann Seton, the Iowa Catholic Daughters State Court, and the Past Regents Club. A total of 90 plus were in attendance. CDA Court St. Anthony #330 Officers in attendance were State Treasurer Sheila Graham, Regent Angie Shea, Vice Regent Sue Thomas, and Recording Secretary Sue Meidlinger.

Special guests attending were Mary Pester, Shirley & Dan Ales, Bev Kline, Roger Arndofer, and Richard Holschlag. Iowa CDA State Officers present were State Chaplain Msgr. Carl Schmitt, State Regent Rose Holschlag, First Vice Regent Darlene Moritz, Second Vice Regent Jan Grundmeyer, State Secretary Betty Pratt, and State Treasurer Sheila Graham. Michelle Tortorella, Chairperson of Anna Baxter Day, gave the welcome. The Blessing was given by State Chaplain Msgr. Carl Schmitt. The introduction and regrets were given by State Regent Rose Holschlag. The young ladies from Lawler Iowa sang a song using Sign Language.

Catholic Daughters Awards were given out by Iowa First Vice Regent Darlene Moritz. The Iowa Catholic Daughters website of [www.iowacatholicdaughters.org](http://www.iowacatholicdaughters.org) won 1<sup>st</sup> place in State Division. CDA Court St. Anthony #330's website of [www.cda330.org](http://www.cda330.org) won 1<sup>st</sup> place in Local Division. CDA Court St. Anthony #330 also received 2<sup>nd</sup> place in the Iowa Catholic Daughters State Newsletter Contest. Congratulations to State Treasurer Sheila Graham for being the Webmaster of the websites for both CDA Organizations and for being Editor of the Newsletter for CDA Court St. Anthony #330. Next, the State Education Contest Awards were presented by Second Vice Regent Jan Grundmeyer. Twenty-nine out of 67 courts participated. CDA Court St. Anthony #330 State Education Contest Awards were awarded to St. Albert Students: 3<sup>rd</sup> place - Jackson Allmon, 2<sup>nd</sup> place - Victoria Kragoskow, Joseph Liston, Athena Arculeo, and Michael Schmidt, and 1<sup>st</sup> place - Victoria Rose Moon. Mary Sue Wickham from CDA Court St. Anthony #330 received 1<sup>st</sup> place in Division IV Photography for outstanding accomplishment in the 2014 Iowa Catholic Daughters of Americas State Education Contest. She received a certificate and \$25 cash prize. Her photography entry now competes in the National Education Contest. The Membership Awards were then given by Sherry Nilles, National Secretary-Treasurer.

Second Vice Regent Jan Grundmeyer gave the lifesaver's report. The Iowa State CDA Lifesaver Project total received was \$32,036.88 with \$18,984.23 local and \$13,052.65 going to CDA State. In closing, the CDA's message was given by CDA National Director Vickie Feist. A drawing of gifts was given by Mary Farmer, Regent of CDA Court Elizabeth Ann Seton #2291.

## **JEN BROWN OF SPIRIT CATHOLIC RADIO, AN INSPIRATION TO MANY**

**By Mary Sue Wickham, CDA PR Correspondent Court St. Anthony #330**



Jen Brown, Co-Host of Spirit Mornings Show 102.7 FM Spirit Catholic Radio, was the Emcee/Guest Speaker for the March 2014 CDA Education Contest for Catholic Daughters Court St. Anthony #330 held at St. Albert High School. In an interview with Jen, I asked her what her faith meant to her. Jen said, “Without my faith, I cannot imagine where I would be today.” Jen has been broadcasting on the radio for the past 23 years and recently made the transition from secular to Catholic radio. It was a marriage of some sorts, involving some of her greatest loves – her faith and broadcasting. Prior to broadcasting, Jen considered a call to the religious life. However while attending college, it was clear that her calling was broadcasting. She also loves working with various organizations and her parish.

Jen says, “It is that full heart feeling – that filling up of my heart that maybe it’s my faith or some type of grace or Holy Spirit that I’m getting at that time at church that I get to. Once I take part working with those organizations or committees within the community, I feel it fills my heart because I move within other people. This gives pieces of what I feel when I’m under the church.”

Jen has worked in local radio for 23 years. She started her radio career at stations KXKT and KOIL in Omaha as part of the morning show. She then landed at WOW AM/FM doing the middays, promotions, and worked as assistant program director. She then worked for a radio network where she broadcasted on 57 stations in California to Hawaii. In 2011, she went back to local broadcasting on the Big O 101.9 FM where she was in charge of broadcasting traffic reports and news for all the AM & FM stations for NRG Media. In June 2013, Jen joined Spirit Catholic Radio 102.7 FM in Omaha serving as Co-Host of Spirit Mornings Show along with Bruce McGregor. She is also host of the Spirit Mid-Days Show.

Jen is a member of Corpus Christi Parish in Council Bluffs, IA. She is a graduate of St Albert High School in Council Bluffs and a graduate of College of St. Mary in Omaha where she received a Bachelor of Arts Degree with a major in Theology and a minor in Art and Communications, and Philosophy. Jen loves spending time with her son Jackson, a senior who plays on the football and basketball teams and participates in choir at St. Albert. She also enjoys volunteering at St. Albert and is Vice-President of St. Albert Alumni Association. She says that her favorite saint is St. Rebecca, the patron saint of sick people. One of her favorite prayers is “Lord, make me a means of your peace.” Jen says, “I feel God designated me with a gift to talk that I have been sharing.”



### **CDA MEMBER SPOTLIGHT- JUDY LOOKABILL, A SPIRITUAL MOM**

#### **50<sup>th</sup> Anniversary Photo – By Mary Sue Wickham, CDA PR Correspondent**

Judy Lookabill of CDA Court St. Anthony #330 is a special lady. She is a Spiritual Mom. Judy has been involved with the Spiritual Moms Program for the past 5 years which is sponsored by the IPF Institute For Priestly Formation Program located on the Campus of Creighton University. On March 25<sup>th</sup>, 2008, the IPF became a Public Association Of The Faithful. The mission of IPF directly serves diocesan seminarians and priests as well as those who are responsible for diocesan priestly formation.

The Spiritual Moms meet their Seminarians for the first time face-to-face. Spiritual Moms are women who agree to pray intercessory prayer for the seminarians attending the 10 week IPF Summer Program for Spiritual Formation for Diocesan Seminarians at Creighton University in Omaha, NE.

Judy Lookabill attended Friends Night on July 23<sup>rd</sup>, 2014 at Creighton.

Judy has a lot of faith in God. Not only has she had the experience of being a Spiritual Mom to a Seminarian, but Judy has also experienced the joys of motherhood being a “Special Mom” herself. Judy and her husband John celebrated their 50<sup>th</sup> wedding anniversary on November 9<sup>th</sup>, 2013. Judy is the mother of 6 adult children – 4 boys and 2 girls. Judy’s husband John was one of the Founders who started the Knights of Columbus at St. Patrick’s Parish in Council Bluffs. Judy is a Church Lector at 9:00 a.m. St. Patrick’s Sunday Mass. She started the religious Children’s Liturgy at Queens of Apostles. She was Co-Leader of St. Patrick’s RCIA Program and very active for 6 years. Judy is a Graduate of Mt. Loretto High School in Council Bluffs and member of Serra Club. Judy has been very active in Catholic Daughters since 2008. She has served as Vice Regent and on CDA Communications Calling Committee.

### **JOAN GOESER WINS WOWT GREGG YOUNG EDUCATION AWARD**

#### **By Mary Sue Wickham, CDA PR Correspondent**



**Joan Goeser, center, earned \$150 check for being selected as the weekly winner of the WOWT-Gregg Young Chevrolet Go The Extra Mile For Education Award. The award was presented by Dia Snyders, Events Manager, and Bob Holland, Information Technology Manager of Gregg Young Chevrolet of Omaha. “Joan Goeser fully exemplified what the Gregg Young Go The Extra Mile For Education Award was all about,” Snyders said. “Her hard work and dedication for the past 30 years deserved recognition.”**

In May 2014, CDA member Joan Goeser was honored at a recognition dinner held at Lewis Central High School for her 30 years of dedicated service as an elementary education teacher with the Lewis Central Community School District. Joan started her teaching career in 1984 as a middle school special education teacher. For the past 27 years, she has taught 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, and currently teaches 4<sup>th</sup> grade at Titan Hill Intermediate School. Joan is a 1980 Graduate of St. Albert High School and received her Bachelor’s Degree in Elementary and Special Education from Buena Vista University and a Master’s Degree from Doane College. Joan has been a member of CDA Court St. Anthony #330 for eight years. She is also a member of St. Peter’s Parish in Council Bluffs, IA where she is a church lector.

**COURT #330 PHOTOS**



**2014 EDUCATION CONTEST**



**2014 CHARITABLE PROJECTS  
SHAR & PAM – SCHOOL SUPPLIES**



**APRIL 2014 MEETING HAT THEME**



**ANGIE & MONA**



**IRENE & MARCELLA**



**APRIL 2014 –CDA OFFICERS WITH TOM CHAPMAN  
OF IOWA CATHOLIC CONFERENCE**



**2014 LENTEN RAFFLE**



**2014 LIFESAVER DRIVE**



---

## REFLECTION FOR THE MONTH

### **PRAYER TO POPE FRANCIS (OUR SUNDAY VISITOR)**

Lord God, with great joy we give thanks for your faithful servant, Pope Francis. Bless our Holy Father with wisdom, zeal, and the gift of governance as he guides your church in peace and unity. May his humility, simplicity, and love inspire your people to share the Good News of Jesus Christ as a light for the poor, the marginalized, and all the world. Amen.

### **WHAT IS A CATHOLIC DAUGHTER?**

She is a common ordinary woman.

She loves her God and Church.

In a most loving way, she loves her community.

Because without her faith, family, and friends,  
she stands alone and lonely.

She is mature (over 18) in mind and spirit.

She follows the Motto of "Unity & Charity" by working  
for the church, family, and community.

By her membership, many churches are supported  
in the state, national, and local level.



**Catholic Daughters Of The Americas**

**Court St. Anthony #330**

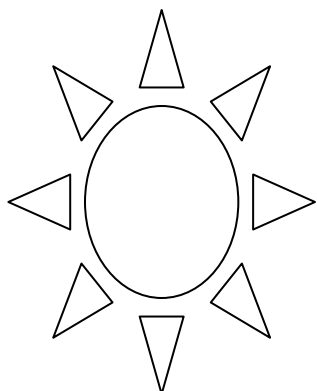
**511 Franklin Avenue**

**Council Bluffs, IA 51503-4516**



## **Our Mission**

*Catholic Daughters of the Americas  
strives to embrace  
the principles of faith  
working through love  
in the promotion of justice,  
equality and the advancement of  
human rights and human dignity for all.*



*SIGN UP FOR  
HOLY LAND PILGRIMAGE!*



**PILGRIMAGE TOUR TO THE HOLY LAND – In Chicago Nov. 12<sup>th</sup>- Nov. 21<sup>st</sup>, 2014  
Contact Iowa State Chaplain Msgr. Carl Schmitt: Ph. 1-641-394-2744.**